

**Gregory W. Pippin, M.D., F.A.A.C.S.**  
**1111 Medical Center Blvd**  
**N406**  
**Marrero, LA 70072**  
**(504) 349-6400**

**PRE-OP INSTRUCTIONS-GENERAL**

**Patient Name:** \_\_\_\_\_

**Prior to Surgery:**

- A pre-operative visit to Dr. Gregory W. Pippin is required.
- I understand that the scheduled time of my surgery will be provided by Dr. Gregory W. Pippin. I understand that the time provided at my pre-operative visit is tentative and subject to change. I understand that the time will be confirmed on the day proceeding the surgery via a telephone call at the number I provide to Dr. Gregory W. Pippin.
- **Stop Smoking: Smoking** reduces circulation to the skin and impedes healing (this is especially important if having a facelift, breast lift, breast reduction, or tummy tuck). Patients must stop all smoking 3 months prior to surgery.

**Ten (10) Days Prior to Surgery:**

- **Multivitamins:** Begin taking multivitamins (Centrum Silver) three (3) daily to improve your general health. **Take them ten (10) days before and after surgery.**
- **Do not take any aspirin containing medications for ten (10) days before and ten (10) days after surgery:** Carefully review the list of drugs provided for you. Such medications may cause bleeding during and after surgery. Instead, use medications containing acetaminophen (such as Tylenol). Check with your physician regarding administration of antidepressants, diuretics, or other routine medications.

**Day Before Surgery:**

- **Prescriptions:** Ensure that all of your prescriptions have been filled before the day of surgery.
- **Do not eat anything after 9:00 p.m. and do not drink anything after midnight the day before your surgery.** This includes water, coffee, tea, juice, etc.

**Day of Surgery:**

- **Medications:** If instructed to continue your medication regime, take your medication with only a sip of water.
- **Make-Up:** Please do not wear moisturizers, deodorant, creams, lotions, fingernail polish, eye make-up or other type of make-up.
- **Clothing:** Wear only comfortable, loose-fitting clothing that either buttons or zips in the front. Remove hairpins, wigs, contacts, and jewelry. Please do not bring any valuables with you.

By signing below, I acknowledge that the above has been explained to me and I understand the contents of this instruction page.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date